



Meals on Wheels
Bundaberg



Service Manager Message

Countdown Has Begun!

After a very interesting year, we've reached the last month, for many, a year most would like to forget and start a fresh 2021.

Bundaberg Meals On Wheels has had an extremely busy year doubling our client numbers and meals produced which started during the COVID-19 outbreak but has continued through. This will mean moving into the new year, expansion of our service will need to be considered.

I'd like to take this opportunity to do a huge shout out to all our wonderful volunteers, to whom without their generous support, we would not be able to operate and provide meals to residents of Bundaberg. They work tirelessly throughout the year, assisting in preparation of meals, serving, delivering, looking after our grounds, in the office, assist with fundraising and overall ambassadors of our service. Thank You!

Remember we still have our Christmas Raffle going, \$2 per ticket to be drawn Wednesday 16th December 2020. Ask your driver if you wish to purchase tickets.

Thank you to all our sponsors, donors and farmers who have donated goods, services, prizes and food to our service throughout the year. There are too many to mention, so thank you all for your support in 2020, it's been greatly appreciated.

Finally to you, our fantastic clients, thank you for your support this year, we hope you're enjoying your meals and the friendly faces who see you every week. Have a great Christmas, keep cool and stay safe.

Kind regards

Brendon Searle

Service Manager
Bundaberg & District Meals On Wheels Inc.



Meals on Wheels
Bundaberg

Open Monday to Friday
8:00am to 4:00pm
Closed Public Holidays

Newsletter
December 2020
08-2020



More
than just
a meal



Office News

CHRISTMAS CLOSURE

1pm Thursday 24th December

OPEN FOR 2021

Monday 4th January 2021

Please be advised that we will not be providing meals during this closure period.
If you need meals during this time and have NOT advised us, please do so ASAP.



What's Cooking

We have decided as the trial period has passed to remain making sandwiches however please be advised that as of
1st January 2021 sandwiches will be \$2.00.

A full meal package with a sandwich will now be \$12.00 (soup, hot main or salad, dessert, juice & sandwich)



Volunteer Drivers

For those who have ordered frozen meals over the Christmas break, you'll be receiving a separate delivery from your normal daily deliveries for just the frozen meals. These meals will be delivered the week of 14th to 18th December 2020 so it's extremely important that you notify us if you will not be at home.



10 Eastgate Street
Bundaberg East 4670
Bundaberg & District
Meals on Wheels Inc. PO Box 740

ABN: 35 862 882 474



www.facebook.com/bundymow

BUNDABERG 4670

Phone: 4151 5825

Email: info@bmow.com.au



How Are You?

This time of year is difficult for some, especially considering the year we've had with needing to isolate at home and family and friends who may live interstate unable to travel.

Please keep in mind you can call someone to talk about any issues or thoughts you maybe having over this holiday season.



Call
13 HEALTH
(13 43 25 84)
One phone call can point you in the right direction



FOR INFORMATION OR ADVICE

1300 22 4636

www.beyondblue.org.au



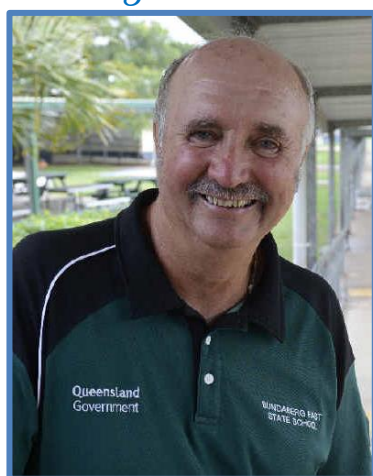
1300 364 277



Helping Hands

Over the next few issues we will be introducing members of our Board.

Doug Ambrose



Prior to becoming involved with Meals On Wheels I was principal of Bundaberg East State School for a period of 25 years and passed MOW every day on my way to and from work. I had spent my whole



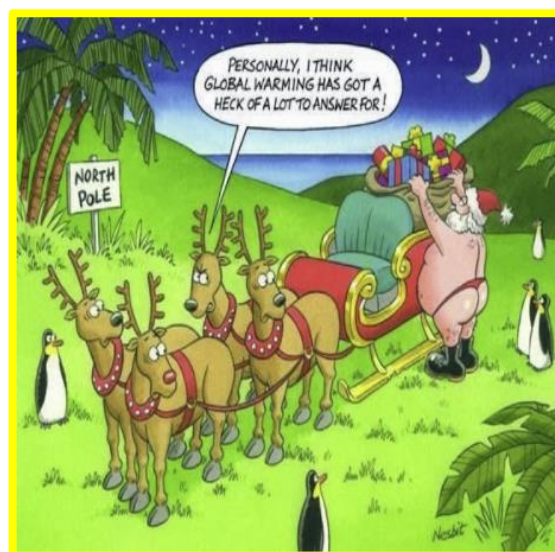
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working life employed by Education Queensland and served in a wide range of locations across the State including Mt Isa, Bluff, Jackson, Arcadia Valley, as well as other schools. Working in small schools made me very aware of the need to be involved in communities in a pro-active way whether it be working with service clubs, community groups, or sporting organizations. Our communities are so much stronger when people are willing to give to others.

Peter Donghi was my first official connection MOW through Lion Youth Of the Year and the relationship was further strengthened through the generous donation of bread and produce to the school. Many a child walked out of the gate in the afternoon with some bread or bread rolls munching away and sharing with their mates. After finishing work, I was again approached by Peter who asked if I would like to become involved and the rest is history.

Since my involvement, I have been very impressed with the willingness of people to help out and give so much of their time and effort to others, especially in many cases to those most vulnerable. Whether we are working in the gardens, in the office or the kitchen, delivering the meals or on the board the same degree of commitment is evident. We all have a part to play and like a jigsaw puzzle each part is important. My involvement has allowed me to develop a greater understanding of the importance of MOW in our community and the integral part that each and every worker and volunteer plays in serving our community.

I look forward to continued involvement with MOW and have enjoyed the experience. One of my work related goals at MOW is to one day get promoted off washing up duties and folding duties but I will have to work on broadening my skill base or I might just be good at it.



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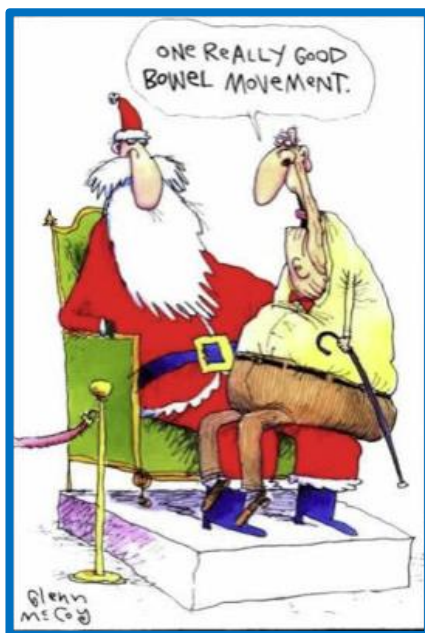
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Donations

A huge thank you to those businesses who donated prizes, gifts and supplies to our volunteers and towards our volunteer thank you celebration.



Thank you to the team at Everfresh who have nominated Bundaberg Meals On Wheels as the recipients for donated goods from their customers.



What's On



1st Prize

Wheelbarrow Full of Household Essentials



2nd Prize

Christmas Hamper



3rd Prize

6 Month Free Meals from Bundaberg Meals On Wheels (T & C's apply)



\$2 per ticket

Drawn 16th December 2020

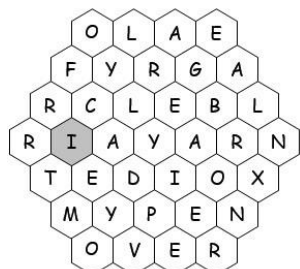


Puzzle Me This??

How did you go last month?

Solutions:

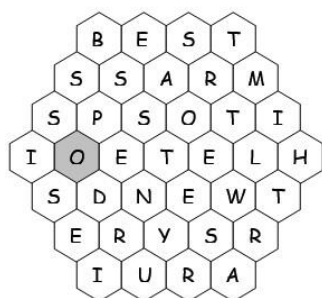
HONEYCOMB HEADACHE



Buzzword

1. Erratic- I
2. Pioneer- E
3. Daytime- E
4. Allergy- R
5. Garbage- G
6. Clarify- C
7. Algebra- B

Buzzword: ICEBERG



Buzzword

1. Dispose- O
2. Wrestle- W
3. Possess- P
4. Endorse- D
5. Whittle- L
6. Toaster- O
7. Nursery- Y

Buzzword: PLYWOOD



Easy

1: In the song "Frosty the Snowman," what made Frosty come to life?

2: What Christmas decoration was originally made from strands of silver?

3: Who played George Bailey in the Christmas classic "It's a Wonderful Life?"

4: Per a recent holiday fad, what "spy" hides around the house, reporting back to Santa on who has been naughty and nice?

5: What Christmas beverage is also known as "milk punch?"

6: One of Santa's reindeer shares a name with a famous symbol of Valentine's Day. Which reindeer is that?

7: What Christmas-themed ballet premiered in Saint Petersburg, Russia in 1892?

8: In 1981, Bob and Doug McKenzie released their own version of a classic Christmas song. Which song is that?

9: What animated 2004 film is about a train that carries kids to the North Pole on Christmas Eve?

10: What much-reviled Christmas edible is known for its long shelf life?

As it is Christmas, it's time to bring out those



Why was the turkey in the pop group?

What do snowmen wear on their heads?

What do Santa's little helpers learn at school?

Who hides in the bakery at Christmas?



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Not So Easy

11: In Charles Dickens' "A Christmas Carol," what was Mr. Scrooge's first name?

12: What Bing Crosby song is the best-selling single ever?

13: In the early 1800s, the first gingerbread houses were reportedly inspired by what famous fairy tale?

14: "Miracle on 34th Street" centers on what real-life department store?

15: In the song "Grandma Got Run Over by a Reindeer," what "incriminating" evidence was found on Grandma's back?

16: How many reindeer are featured in the poem "Twas the Night Before Christmas?"

17: What traditional Christmas decoration is actually a parasitic plant?

18: In "The Muppet Christmas Carol," who played Scrooge? Hint: It wasn't a muppet.

19: What beverage company has been using Santa Claus in its advertising since 1931?

20: According to legend, what holiday goodies were shaped to resemble a shepherd's staff, as a way to remind children of the shepherds who visited baby Jesus?

Hard

21: In the movie "A Christmas Story," what was the name of the next door neighbors whose dogs ate the Christmas turkey?

22: What figure from English folklore came to be associated with Santa Claus?

23: Name the animatronic cassette-playing bear toy that every kid wanted for Christmas in the mid 80s.

24: In the 1964 classic "Rudolph the Red-Nosed Reindeer," what was the name of Rudolph's faithful elf companion?

25: According to the folklore of Austria and other countries, what horned figure punishes naughty children at Christmastime?

26: In the TV special "How the Grinch Stole Christmas," what three words best describe the Grinch?

27: What well-known Christmas carol became the first song ever broadcast from space in 1965?

28: In what modern-day country was Saint Nicholas born?

29: What Christmas carol does the Peanuts gang sing at the end of "A Charlie Brown Christmas?"

30: "Twas the Night Before Christmas" was originally published under what name?

31: What holiday movie sequel includes a cameo by Donald Trump?

As it's Christmas, no time to be a Grinch, below are the answers if you find yourself in a pinch!

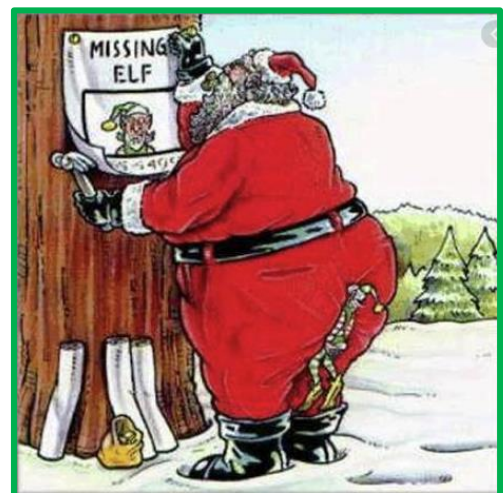


Easy

- 1: An old silk hat
- 2: Tinsel
- 3: Jimmy Stewart
- 4: The Elf on the Shelf
- 5: Egg nog
- 6: Cupid
- 7: The Nutcracker
- 8: The Twelve Days of Christmas
- 9: The Polar Express
- 10: Fruitcake
- Not So Easy
- 11: Ebenezer
- 12: White Christmas
- 13: Hansel and Gretel
- 14: Macy's
- 15: Claus marks
- 16: Eight (no Rudolph!)
- 17: Mistletoe
- 18: Michael Caine
- 19: Coca-Cola
- 20: Candy canes

Hard

- 21: The Bumpuses
- 22: Father Christmas
- 23: Teddy Ruxpin
- 24: Hermey
- 25: Krampus
- 26: Stink, stank, stunk
- 27: Jingle Bells
- 28: Turkey
- 29: Hark! The Herald Angels Sing
- 30: A Visit from St. Nicholas
- 31: Home Alone 2



BUT WAIT!!!

After popular demand,
I set you a challenge over the page.
GOOD LUCK!



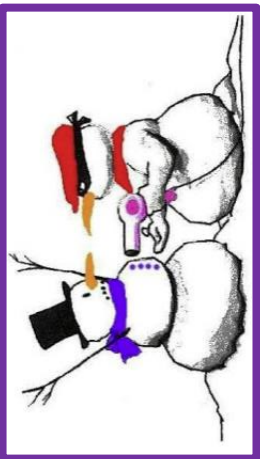
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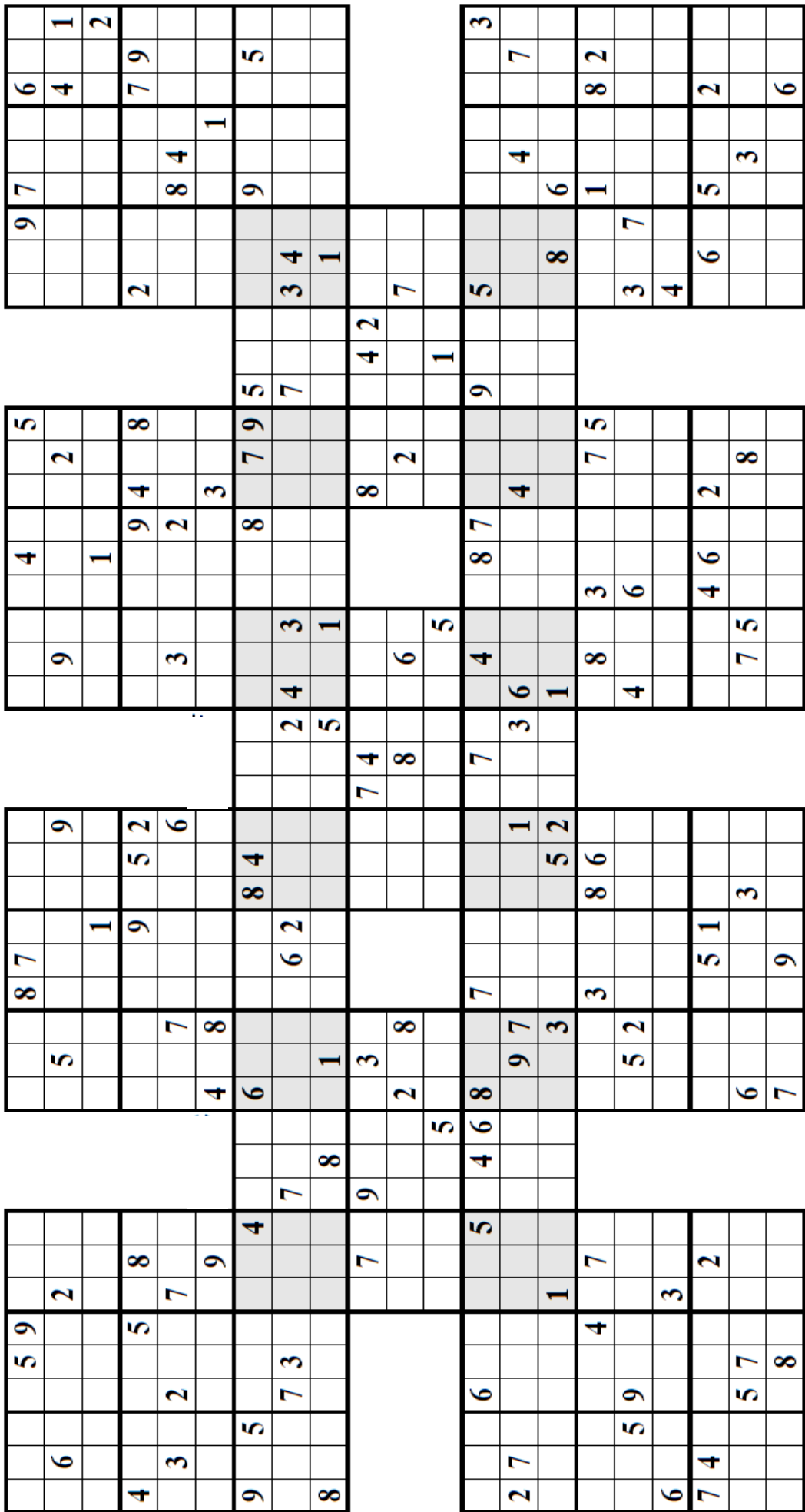


MEGA

Samurai Sudoku



A Samurai Sudoku puzzle contains 5 standard Sudoku puzzles (i.e. #s 18263A-E), with the 4 corner puzzles sharing a 3x3 block with the center puzzle (#18263C). Our 'Mega Samurai' puzzle contains two joined Samurai puzzles. Shaded regions indicate shared puzzle #s.



Solutions will feature in next month's
newsletter.